Behavioral Health Consent Form

Patient Name: _____ **Date of Birth:** / /

We are proud to offer behavioral health services to the children and families of The Children's Clinic.
By taking an integrated, team-based approach to health care, we can better provide for the emotional and medical needs of the patients we serve. While our pediatricians and behavioral health consultants work closely together, there are some important differences between medical and behavioral health services. Please review the following information carefully and discuss any questions you have during your first appointment with our behavioral health consultants.

About our Behavioral Health Consultants:
Our behavioral health consultants function as part of your Care Team and will work directly with your child or teen's pediatrician to coordinate care. You can find more information about our behavioral health consultants on our website.

Education and Training:

Collin Dean, Psy.D. - For additional information regarding the Oregon Board of Psychologist Examiners and psychology licensure, please visit http://www.oregon.gov/obpe.

Celeste Jones, Psy.D. - For additional information regarding the Oregon Board of Psychologist Examiners and psychology licensure, please visit http://www.oregon.gov/obpe.

Hila Pazner, Ph.D. - For additional information regarding the Oregon Board of Psychologist Examiners and psychology licensure, please visit http://www.oregon.gov/obpe.

Krystal Taula'i, LCSW- For additional information on the Oregon Board of Licensed Social Workers please visit https://www.oregon.gov/blsw/pages/index.aspx

Amber Nelson, Psy.D.- - For additional information regarding the Oregon Board of Psychologist Examiners and psychology licensure, please visit http://www.oregon.gov/obpe.

The behavioral health consultants participate in continuing education to stay current with subjects related to their field.

Client Bill of Rights: As a patient of a Behavioral Health Consultant who is an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law
- To examine public records maintained by the Board and to have the Board confirm the credentials of a licensee
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100)
- To report complaints to the Board
- To be informed of the cost of professional services before receiving the services
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision, and 5) Defending claims brought by you against a licensee

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499 Email: lpct.board@oregon.gov Website: www.oregon.gov/OBLPCT

How Medical and Behavioral Health Work Together:
One of the most effective ways that we communicate between disciplines is through our Electronic Medical records (EMR). As such, you should be aware that general notes about you/your child's behavioral health visit are entered into the EMR and routinely reviewed by your pediatrician. Likewise, your child's medical notes are available for review by your behavioral health consultant. This allows the members of your Care Team to remain up to date on your treatment goals, medical status, and progress. In addition, mental and behavioral health diagnostic codes, and in some cases treatment summaries or notes, are requested by health insurance companies for billing purposes.
For more information, please refer to our clinic's Notice of Privacy Practices.

Understanding Confidentiality & Its Limits:
Therapy for Teens: According to Oregon law, a minor 14 years or older can obtain outpatient treatment for diagnostic evaluation for a mental or emotional disorder by a behavioral health provider without a parent's knowledge or consent. While providers are expected to involve parents by the end of the minor's mental health treatment, their ability to do so is sometimes limited by a patient's willingness and desire to allow their parent(s) to function as part of the Care Team. There are also certain clinical and legal exceptions to involving a parent in a teen's mental health treatment.

If your teen is 14 or older, we will generally request that they sign any forms to release treatment records related to them.

Safety takes precedence over confidentiality when we have reason to believe that a child or teen patient is at risk of seriously harming themselves. Efforts to ensure a patient's safety may include developing a safety plan with the child or teen and caregiver(s), coordinating with school or daycare personnel to ensure appropriate supervision, or referring the child to a crisis center or emergency room for further evaluation.

Scheduling:
You can call or schedule an appointment with the behavioral health consultant without a referral from the pediatrician. Most visits are for 30 minutes although some may be scheduled for a shorter period. The behavioral health consultant will provide short-term therapy and brief intervention with usually up to 3 or 4 visits.

It is our goal to start and finish behavioral health appointments on time. If you have waited for longer than 15 minutes, please check in with our front desk staff as they can give you an estimate of when your child's behavioral health consultant will be ready to meet with you.

Appointment Cancellations:
As a courtesy, please cancel counseling sessions with the behavioral health consultant 24 hours in advance. A missed appointment without 24 hours advance notice will be considered a "no show" and a $75 no-show fee will be charged. Excessive "no shows" may result in your child being referred elsewhere for treatment.

Payment:
Verifying insurance benefits for mental health treatment is the parent's responsibility and should be done prior to your child's first appointment. Our office staff is happy to help with this process as needed, but it is always strongly recommended that you contact your health insurance company directly to ensure coverage and determine the limit of your plan.

I have reviewed the information outlined in this document and have had an opportunity to discuss any questions or concerns with the behavioral health consultant.

_____ _____

Signature of Parent/Caregiver Date

_____ _____

Signature of Patient (if 14 or older) Date

Portland Clinic
9450 SW Barnes Rd, Suite 200
Portland, OR 97225
503-297-3371

Tualatin Clinic
19260 SW 65th Ave, Suite 340
Tualatin, OR 97062
503-691-9777

Newberg Clinic
700 Deborah Road, Suite 150
Newberg, OR 97132
503-538-6791

www.childrens-clinic.com